

Instructions: This is an electronic lesson plan template. Highlight everything between the left and right angled brackets (< and >), including the brackets, to customize this lesson plan to fit your needs; headings can also be changed to fit your needs. Contact the State WIC Office if you have questions.

*required elements

<Lesson Name>

1. **Title:** <*enter title>
2. **Learning Objectives and Goal:** <*Enter learning objectives and goals. For example, lecture, group/facilitated discussion, demonstration, role playing, simulated/hands-on activities, etc.>
3. **Learning Activities and Methods:** <*Enter Learning activities or methods. For example, lecture, group/facilitated discussion, demonstration, role playing, simulated/hands-on activities, etc.>
4. **Materials:** <*Enter Materials needed. For example, audio-visual resources, food or food models, puppets, flip charts, posters, take-home kits, etc.>
5. **Lesson Content Outline:** <*Enter outline of presentation content, including sequence of activities, how materials are to be used, etc.>
6. **Summary:** <*Enter the Lesson Summary: The conclusion of the lesson should summarize the key points stressed during the presentation. This may be done orally, through a question and answer period, written post-test or quiz, or other method.>
7. **Evaluation Methods:** <*Enter Evaluation methods and materials: Review objectives and reassess clients' indicators of knowledge, attitudes, or behavior change intention.>
8. **References:** <*Enter References: Source of information used to develop the lesson plan and sources of additional information on the same subject.>
9. **Equipment needed:** <Enter equipment and facilities needed. For example, client-friendly seating, audio-visual equipment, food preparation equipment, etc.>
10. **Reinforcements:** <Enter reinforcements to be used, related to the topic. For example, videotapes, pamphlets, etc.>
11. **Approximate Time:** <Enter approximate time needed to complete lesson.>
12. **Instructors:** <Enter local agency staff trained to present this lesson.>

13. **Introduction/Icebreakers:** <Enter Introduction/Icebreaker ideas. The introduction should engage clients in the learning process about to occur. Assess what clients already know or believe about the topic (knowledge), how they feel about it (attitudes), and what behaviors they may be considering or already doing (behavior stage). The introduction/icebreaker is designed to put the participant at ease and stimulate interest.>